

Albion Park Uniting & Shellharbour City Regional Church

H2O Study/Reflection Questions

Week 4 - Pure

1. What do you think is the deepest thirst people have?
2. In your experience, can relationships with other people fulfil the deepest thirsts in our lives?
3. In Luke 4 Jesus said He came to:
 - proclaim good news to the poor
 - announce freedom for prisoners
 - bring recovery of sight to the blind
 - release the oppressed

Which of these can you relate to personally?

- **Poor:** feeling destitute materially, emotionally, relationally, or spiritually
- **Captive:** boxed in or controlled by others such as your parents, your past, your work situation, your friends, or just society in general
- **Blind:** unable to see clearly, make sense of it all, or figure out how to make life work
- **Oppressed:** dominated or tormented by inner demons, addictions, anger, or forces that seem more powerful than you

4. Which of the following do you sense is most likely to provide you the freedom or power you are looking for to satisfy your deepest needs?

Why do you think so?

___ **Rules:** a solid system of dos and do nots

___ **Stuff:** a lot of inanimate material possessions

___ **People:** relationships with other human beings

___ **God:** a relationship with a divine being

___ **Self:** something within, yet untapped

___ **Combination:** a mixture of some or all of the above

5. Kyle Idleman claims that Jesus knows everything about you (and me), yet still loves you (and me).

“The one who knows you the best loves you the most.”

Do you think this is possible?

If not, what makes it hard to believe?

6. Can you think of something (perhaps a food) that you once really disliked – even despised – but now really enjoy?

How can this relate to the way people (even us?) see Jesus?

Is it possible that part of the reason people claim for disliking Jesus is based on ignorance?

How can you be a means of helping others encounter the life that Jesus longs to offer every person?

7. Some religious leaders say, “I will show you the way to truth so you can have real life.”

Jesus says, “I am the way and the truth and the life” (John 14:6).

In another place He said, “I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty” (John 6:35).

What do you (honestly) think of this claim?

8. Complete this sentence: “I believe Jesus (can/cannot/might be able to) quench my thirst because.....”

*** If you are able to, take time to read the account of Jesus’ life from either Matthew, Mark, Luke or John.

As you read make a note of what it was (and is) that leads people to respond to Jesus:

- positively
- negatively
- ambivalently (doubtfully)

What characteristics of Jesus most challenge or disturb you?

What characteristics of Jesus most comfort you?

